

EMOTIONAL INTELLIGENCE

This course covers the following specific outcomes of unit standard 252031:

SO1:	Demonstrate knowledge and understanding of the principles and concepts of emotional intelligence in respect of life and work relations.
SO2:	Analyse the role of emotional intelligence in interpersonal and intrapersonal relationships in life and work situations.
SO3:	Analyse the impact of emotional intelligence on life and work interactions.
SO4:	Evaluate own level of emotional intelligence in order to determine development areas.

Sections include:

- The Principles and Concepts of EI
- The Role of EI in Relationships
- Analysing the Impact of EI
- Evaluating the EI Level and Determining Development Areas



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