

# Personal Safety

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The aim of this course is to provide learners with knowledge of personal safety in the workplace with regard to legislation, personal safety work practices, food safety management systems, and the importance of dealing with emergencies through the relevant emergency role players.

- ✓ OCCUPATIONAL HEALTH AND SAFETY ACT
- ✓ SAFETY SIGNS AND SYMBOLS
- ✓ PERSONAL SAFE WORKING PRACTICES
- ✓ EMERGENCIES
- ✓ FOOD SAFETY AND FOOD SAFETY MANAGEMENT SYSTEMS
- ✓ FOOD SAFETY HAZARDS

At the end of this course learners will be able to:

- Understand the purpose of safety legislation in the workplace
- Know the employer's and employee's rights and responsibilities regarding safety
- Know the meaning of safety signs and symbols in the workplace
- Know the purpose of personal protective clothing and safety gear
- Understand personal safety practices and security procedures
- Know how to handle and store raw materials, final products or chemicals
- Know how to operate and work around equipment safely
- Know the procedures to be followed in the case of an emergency
- Understand the responsibilities of the role players in emergency situations
- Understand good manufacturing practices through the use of a food safety management system
- Know the actions to be taken to prevent each category of hazard from contaminating the food products